



SAILING INSTRUCTIONS

[DP] denotes a rule for which the penalty is at the discretion of the International Jury and may be less than disqualification.

[NP] denotes that a breach of this rule will not be grounds for a protest by a boat.

[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing.

1) RULES

- 1.1 The Balkan & Open Balkan Championship will be governed by the “Rules” as defined in the Racing Rules of Sailing 2017-2020.
- 1.2 No National Authority prescriptions will apply except prescription No 1 of the Hellenic Sailing Regulation: «In RRS 40 PERSONAL FLOTATION DEVICES is added: All participants at a race, including competitors, support personnel and race officials on board speed boats/ribs shall wear a PFD during the races»
- 1.3 The equipment Rules of Sailing will apply to the extent they are referenced into the Optimist – Laser Standard, Laser Radial, Laser 4.7, & Laser Radial men Classes Rules.
- 1.4 The official language of the Championship is English. All documents related to the event shall be written only in English.
- 1.5 In case of conflict between the NoR and the SI, SI shall prevail. This changes RRS 63.7.

2) BOAT'S IDENTIFICATION

- 2.1 Boats will be identified by their sail numbers. The sail number given for registration shall conform to the sail number on the measurement form, except upon permission of the Measurement Committee.
- 2.2 (NP) After registration, if a boat started a race without a legible sail number, or with a different sail number than the one accepted by the Measurement Committee, or the equipment inspector, she may be protested by the Race Committee. Changes in sail numbers may however be authorized by the Race Committee if resulting from damage during races. The boat shall ask permission from the Race Committee within the protest time limit. As far as possible, Any such permission shall be posted on the official Notice Board.

3) NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located close to the Race Office.

4) CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions, except the schedule of races, will be posted at least two hours before the first scheduled warning signal on the date it will take effect.
- 4.2 Any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

5) SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the flag staff close to the Race Office.
- 5.2 In Race Signal AP, when flag AP is displayed ashore, “1 minute” is replaced with “not less than:

Race area Alpha	Thirty minutes
Race area Bravo	Thirty minutes

6) REGATTA FORMAT

- 6.1 The regatta format is given in Part 2 (Regatta Format and Course Types) of the Manual.

7) SCHEDULE OF RACES

- 7.1 Racing is scheduled as indicated in attachment 1.
- 7.2 Laser Radial Men and Women classes will start together and will be scored separately, from the general classification.
- 7.3 Laser 4,7 Men and Women classes will start together and will be scored separately, from the general classification.

8) RACING AREAS

- 8.1 Attachment 2 shows the approximate racing area locations.
- 8.2 Race area "Alpha" will be used for Optimist
Race area "Bravo" will be used for Laser Std-Rdl-4.7, 420 Laser Radial men Class

9) THE COURSES

- 9.1 The attachment 4 – Race Area B, describes the courses for all Lasers (STD, RDL men & women, 4.7 men and women), including the approximate wind direction, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. Length of courses will be adapted according to wind strength in order to have expected race duration for the leading boat of about:
 - * 40-45 minutes for the optimist course.
 - * 50-60 minutes for the trapezoid course for both loops.
- 9.2 No later than the warning signal, the Race Committee signal boat will display a whiteboard with the appropriate course.

I1	Start -1 – 4 _s /4 _p -1 – 2 – 3 - Finish
I2	Start -1 – 4 _s /4 _p -1 – 4 _s /4 _p - 1 - 2 – 3 - Finish
O1	Start – 1 – 2 – 3 _s /3 _p – 2 – 3 – Finish
O2	Start – 1 – 2 – 3 _s /3 _p – 2 – 3 _s /3 _p – 2 – 3 – Finish

- 9.3 No later than the warning signal the Race Committee signal boat will display the approximate compass bearing of the first leg.
- 9.4 Courses may be shortened according to Racing Rule 32.
- 9.5 IODA course shall be used for Optimists (Attachment 4 – Race Area A).

10) MARKS

- 10.1 For ALPHA course: marks 1, 2 and Gate 3 will be yellow conical
For BRAVO course: marks 1, 2 and 3 orange conical and 4 will be orange cylinder.
- 10.2 The starting and finishing marks are defined in instructions 11.2 and 12.1 respectively.

11) THE START

- 11.1 Races will be started by using Racing Rule 26.
- 11.2 The starting line will be between a staff on the forward deck of the Race Committee signal boat, flying an orange flag, to be left to starboard and a buoy flying an orange flag (starting mark), to be left to port.
- 11.3 The starts of the Classes will be separated at least by a six-minute interval in an order decided by the Race Committee. Competitors will have to watch carefully for the particular signal of their Class.
- 11.4 Starting Signals

Class	Flag
Optimist	White with Blue class logo
Laser Radial men& women	White with red class letters
Laser Std	White with red class logo
Laser 4,7 men & women	White with red letters

- 11.5 **(NP)** Boats whose warning signal has not been made shall avoid the starting area by keeping clear at least 50 m. behind the starting line and its extensions.
- 11.6 A boat starting later than four minutes after her starting signal will be scored Did Not Start. This changes Racing Rules A4 and A5.
- 11.7 If possible, a RC boat may display flag First Substitute in addition to the Race Committee signal boat, and cross in front of the boats, in case of general recall.

12) THE FINISH

12.1 The finishing line will be between the mast of a Race Committee boat flying a blue flag, and a buoy flying an orange flag. This instruction does not apply when Racing Rule 32.2 does.

13) PENALTY SYSTEM

13.1 **(NP)** A boat that has taken a penalty or retired under Racing Rule 31.2 or 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit of her group.

14) TIME LIMITS

14.1 Time Limit	Mark 1 time limit	Finish window	Race Target time
90 min.	25 min.	15 min.	40-45 minutes for the optimist course. 50-60 minutes for the trapezoid course

14.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

14.3 Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

14.4 Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

15) PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms are available at the Race Office. Protests shall be delivered there within the protest time limit.

15.2 Boats intending to lodge a protest shall inform the Race Committee at the finish immediately after they have passed through the finishing line.

15.3 For each Class, the protest time limit is sixty minutes after the last boat of this Class has finished the last race of the day. The same principle applies when more than one Class start together. The same time limit applies to requests for redress. (This changes Racing Rule 62.2.) and declarations for retirement after finishing (RAF) Every day, the protest time limit for each group will be posted as soon as possible.

15.4 Notices will be posted within twenty minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Time schedule of the hearings will be posted within the same time. Hearings will be held in the International Jury Office also called hearing room.

15.5 Notices of protests by the Race Committee or the International Jury will be posted to inform boats under Racing Rule 61.1(b) within the same time limit as in 15.3

15.6 A list of boats that, under instruction 13.2, have acknowledged breaking Racing Rule 42 or have been disqualified by the International Jury will be posted before the end of protest time limit.

15.7 The International Jury may extend any time limit.

15.7 Breaches of instructions "2.2-5.3-11.5-13.1-17.2 - 20 and 21.1" will not be grounds for a protest by a boat. This changes Racing Rule 60.1(a). Penalties for these breaches may be less than disqualification if the International Jury so decides (DPI).

15.8 On the last day of the Balkan Championships, a request for reopening a hearing shall be delivered:
(a) within the protest time limit if the requesting party was informed of the decision on the previous day;
(b) no later than 30 minutes after the requesting party was informed of the decision on that day. This changes Racing Rule 66.

15.9 Decisions of the International Jury will be final as provided in Racing Rule 70.4.

16) SCORING

16.1 The Low Point System of Racing Rule A4 will apply.

16.2 Balkan Open Championship series score will be established for each Class as follows:

(a) A boat's series score will be the total of her race scores if a total of four races have been completed in her Class/Category.

(b) A boat's series score will be the total of her race scores excluding the worst score, if five to eight races have been completed in her Class/Category.

(c) A boat's series score will be the total of her race scores excluding the two worst scores, if nine to twelve races have been completed in her Class/Category.

16.3 To request correction of an alleged error in posted race or series results, a boat shall complete a Scoring Inquiry Form available at the Race Office.

16.4 There will be two official final ranking lists for the regatta:

(a) Official final ranking list of the Balkan Championship in each Class/Category. (only for the Balkan Region countries)

(b) Official final ranking list of the Open Event. (for all participating countries).

16.5 The scoring abbreviation for a discretionary penalty imposed under instruction 15.6 will be DPI.

17) SAFETY REGULATIONS (DP) (NP)

- 17.1 Competitors' attention is drawn to the fundamental Racing Rules 1 and 4. Especially, competitors will have to form an estimate of their own ability and their boat fitness and make sure that they will be able to start and proceed on a race without risk, after taking into consideration the strength of the wind, water conditions and weather forecast.
- 17.2 **(DP) (NP)** A boat that retires from a race shall notify both a Race Committee boat (except in circumstances outside of her control) and the Race Office as soon as possible and latest within the protest time limit of her Class/Category, by signing a retirement declaration form.
- 17.3 **(SP)** A "sign on the water/ sign off the water" procedure will be established. Each race day skipper or one member of each crew shall sign personally a list available at the Race Office before going on the race area, and as soon as possible after coming back ashore. The signature of a representative is invalid. For each Class/Category, the list to "sign-on" will be open from two hours before the first scheduled warning signal up to the starting signal of the last race of the day for the concerned Class/Category. The list to "sign-off" will be open up to the time limit for lodging protests of the concerned Class/Category. However, when the Race Committee asks competitors to wait ashore for further signals between two races and then decides effectively to start a new race, the list to "sign-off" will be open only up to the time the flag AP is lowered ashore. Then a new list to "sign-on" will be open from that time up to the starting signal of the new race and a new list to "sign-off" will be opened up to the time limit for lodging protests of the concerned Class/Category.

18) REPLACEMENT OF A CREW MEMBER OR EQUIPMENT (DP)

- 18.2 After pre-race measurement controls and stamping, substitution of damaged or lost equipment or repair of damaged equipment may be allowed according to the measurement regulations defined in Attachment 6.

19) EQUIPMENT AND MEASUREMENT CHECKS

- 19.1 Before closure of the final registration and pre-race measurement and control period, each boat shall be inspected and signed and sails stamped by the Measurement Committee. These controls will not release competitors from their responsibility to keep their boat in conformance with the Class Rules during the races. Any boat may be re-inspected at any time while not racing by the Measurement Committee.

20) SUPPORT BOATS (DP) (NP)

- 20.1 All support boats shall fly their national flag or a flag with their three national letters clearly on a staff, or shall be permanently marked with a sticker of their national flag or of their three national letters or name of the national authority on each side of the boat, or of the engine.
- 20.2 After a preparatory signal has been made and while boats are racing, support boats shall:
- (a) not communicate with boats, except in case of emergency and emergency call from the Race Committee.
 - (b) be always located at least 50 meters outside of the racing area. Prohibited area will be called as restricted area for support boats.
- 20.3 Should there be a postponement, abandonment or a general recall, support boats may re-enter the restricted area and resume communication until the next preparatory signal is made.
- 20.4 If a support boat fails to observe these requirements, the assisted boat, or the whole team of the concerned country, may be subject to disqualification or other appropriate actions by the International Jury according to instruction 15.8.

21) TRASH DISPOSAL (DP) (NP)

- 21.1 Boats shall not throw trash in the water. Trash may be placed aboard support and Race Committee boats.

22) TITLES AND PRIZES

- 22.1 The following titles will be given to the first crew of the final official ranking lists of the Balkan Championship: (in condition that the relevant Class/Category is organized).
- * Laser Class Balkan Champion
 - * Laser Radial Class Women Balkan Champion
 - * Laser 4.7 Class men Balkan Champion
 - * Laser 4.7 Class Balkan Women Champion
 - * Optimist Class Junior boy Balkan Champion
 - * Optimist Class Junior girl Balkan Champion
 - * Laser Radial Class Men Balkan Champion
- Prizes will also be awarded to first three competitors of the above categories
- 22.2 Titles and prizes will be awarded and results validated only if at least four races are completed. In extraordinary cases, organizers shall decide about validating the results if less than four races are completed (subject to approval by the International Jury).

23) DISCLAIMER OF LIABILITY

23.1 Competitors participate in the Balkan Championship entirely at their own risk. See Racing Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the Balkan Championship.

24) INSURANCE

24.1 Organizers strongly advice that each participating boat and support boat shall be insured with valid third party liability insurance with a minimum cover of EUR 10.000 for material losses and EUR 800.000 for non- material losses or equivalent amount.

24.2 Organizing authorities will facilitate not insured participating boats to obtain an insurance policy at the venue for the duration of the event.

25) RIGHTS-of-USE

All participants in the Championship automatically accept that the Organizing Authority and the Sponsor(s) of the regatta reserve indefinitely the right to produce, use and show at their discretion, motion pictures and live broadcasts in film or video, including their reproduction, during and after the regatta, without any financial claim.

ATTACHMENT 1

Monday	3/9	Teams Official arrival day Registration & Measurement Opening Ceremony
Tuesday	4/9	Coach Meeting 10:00 Races 13:00
Wednesday	5/9	Races (first start 11:00)
Thursday	6/9	Races (first start 11:00)
Friday	7/9	Races (first start 11:00)
Saturday	8/9	Departure

ATTACHMENT 2

APPROXIMATE RACING AREA LOCATIONS

Race Area A: Optimist,

Race Area B: Laser Std. Laser Rdl, Laser 4,7 Laser Rdl men

ATTACHMENT 3

MEASUREMENT REGULATIONS

1) PRE-RACE MEASUREMENT INSPECTIONS

- 1.1 Pre-race measurement inspections are regulated by the Notice of Race and by the document "Measurement Regulations", posted on the Official Notice Board. This document will clearly inform where the inspections will be made.

2) PRE-RACE MEASUREMENT INSPECTION PROCEEDINGS

- 2.1 Pre-race measurement inspection proceedings shall be performed as follows:
- (a) Measurement certificate of the boats will be checked.
 - (b) Position, and the water tightness of the buoyancy tanks or double bottoms to be checked.
 - (c) Towing ropes to be checked (Except for the Laser classes in which mainsheet is used as towing rope.).
 - (d) Control of the lifejackets.
 - (e) Control of the sails to be used and stamping of the sails.
 - (f) Mast-Boom-Spinnaker boom to be marked with permanent marker.

3) CHANGES TO INSPECTED BOATS AND EQUIPMENT

- 3.1 After boats, spars, sails and equipment have passed through pre-race measurement inspections and been marked/stamped, they shall not be removed from the regatta area without the written permission of the Measurement Committee.
- 3.2 **Alterations:**
After boats have completed pre-race measurement inspections, no alteration shall be made except for the normal designed adjustment of fittings and equipment.
- 3.3 **Repairs:**
Any crew wishing to make repairs to their boat, her sails or equipment, after she has passed through pre-race measurement inspections shall make a written application to the Measurement Committee. If permission is granted, the concerned crew can proceed on.
- 3.4 **Substitutions:**
Any application for substitution of boat, sails, spars or equipment to be used shall be submitted to the Measurement Committee. Approval can only be given when it can be satisfactorily demonstrated that the sails, spars or equipment are severely damaged, were not deliberately mistreated, and cannot be repaired satisfactorily. New pieces of equipment shall be inspected by the Measurement Committee before use. However, when a piece of equipment is lost or damaged immediately prior to a race and is replaced or repaired, the crew shall notify the Race Committee or the International Jury prior to a start of the race, and then make an application to the Measurement Committee, as soon as they arrive ashore after the race has finished, and within the protest time limit of their Class.

4) MEASUREMENT INSPECTIONS DURING THE REGATTA

- 4.1 Any boat, her spars, sails and equipment may be inspected at any time during the Balkan Championships by the Measurement Committee while not racing.

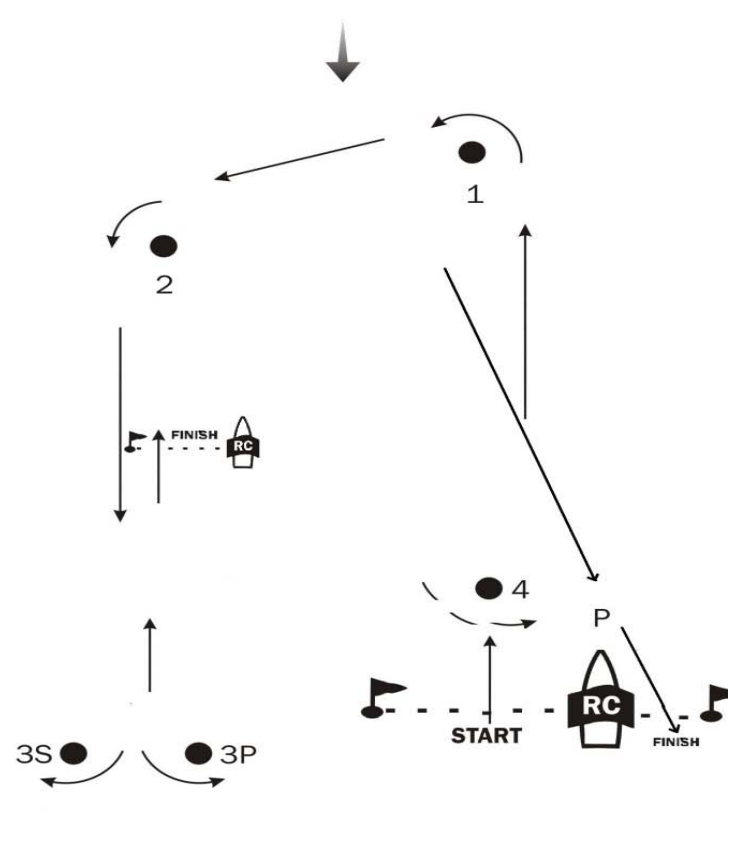
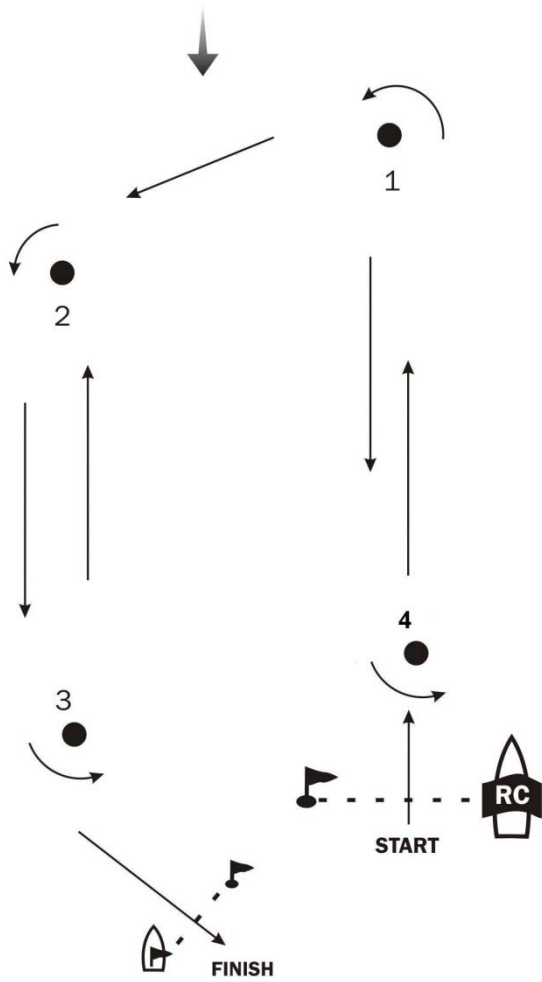
5) NONCOMPLIANCE WITH THE CLASS RULES OR WITH THE MEASUREMENT REGULATIONS OF THE BALKAN CHAMPIONSHIPS

- 5.1 When the Measurement Committee has reason to believe that any boat, her spars, sails and equipment have been altered, repaired or replaced without prior approval, or when a boat or her crew does not comply with this attachment, the Race Committee, on measurement Committee's request, reports the matter to the International Jury for hearing and decision.

ATTACHMENT 4

RACE AREA A

RACE AREA B



Optimist: Start - 1 - 2 - 3S/3P - Finish
 X1 : - 1 - 4 - 1 - Finish
 X2 : - 1 - 4 - 1 - 4 - 1 - Finish

I1: Start - 1 - 4 - 1 - 2 - 3 - Finish
 I2: Start - 1 - 4 - 1 - 4 - 1 - 2 - 3 - Finish
 O1: Start - 1 - 2 - 3 - 2 - 3 - Finish
 O2: Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - Finish